

Schools Écoles Plus

NOVA SCOTIA / NOUVELLE-ÉCOSSE

HOW CAN WE HELP?

Connecting to resources & supports



Helping families find and apply for recreation programs



Helping families to navigate tutoring supports



Helping families connect with food banks or other food supports



Helping families navigate health and mental health services



Helping to fill out applications and paperwork



Helping with transportation to an appointment



Meeting with families in their homes to discuss supports



Accompanying families to important appointments

Providing group programming

Our staff can offer group programming for students as well as for parents/guardians.



Managing complex situations

Sometimes students and families are already connected to many services, but still need help managing it all. We can help make sure everyone involved is communicating clearly so that we can offer the best support possible.



HOW DO I GET STARTED?

School referrals: Principals, Vice Principals, or School Counsellors can submit referrals directly after discussing SchoolsPlus with a student or family.

Community referrals: Staff from various organizations in the community (such as the IWK, Community Services, family centres, etc.) can make referrals by contacting the Assistant Leader.

Self referrals: Students and families can refer themselves by contacting the Assistant Leader.